

Internet Resources and Supplies

Updated 9/1/2013

Bosu Balance Trainer www.bosu.com

Brain Gym Movement Exercises for Whole Brain Learning
edukfd@earthlink.net

ROM Dance Program - Gentle exercise and relaxation Videos
www.taichihealth.com/indexrom.html

Strong Women and Men Books Great safe exercise programs!
www.strongwomen.com/books/

Weighted Modalities

Sommerfly OT designed weighted blankets and many other items
<http://www.sommerfly.com/>

Cozy Calm Weighted Blankets for Sleep and Relaxation - Hospital Grade Blankets
<http://www.cozycalm.com/>

Weighted Wearables Comforter
<http://www.weightedwearables.com/blanket.html>

Wall Murals

<http://www.muralsuperstore.com/index.htm>

Sensory Supplies

Lava and Motion Lamps - Target

Sound and Aroma Therapy Supplies - Target

Beanbag Chairs and Video Rockers - Target

<http://www.target.com>

Novel sensory supplies <http://www.ozmofun.com/>

Miscellaneous Inexpensive Supplies

Oriental Trading Company www.oriental.com

Rhode Island Novelty <http://www.rinovelty.com/>

RESOURCES FOR SENSORY APPROACHES TO TREATMENT

As follow-up to this training it is highly recommended that all facilities have a copy or access to the following resources that help to guide safe treatment and use of sensory modalities.

**The Sensory Connection Program:
Activities for Mental Health Treatment
Karen Moore, OTR/L**



"The Sensory Connection Program represents a vividly imaginative and theoretically sound occupational therapy intervention program for adults with mental health problems. The author was energized to develop this program when she discovered the impact of sensory-based activities when used with some of her more complicated clients. After a decade of intense study, research, and program development she now presents this program in its entirety." Patricia Wilbarger, MEd, OTR, FAOTA.

The Program consists of two books, both integral to the program design. The Manual contains instructional information, essential guidelines for group and individual treatment and environmental interventions, along with clinical examples and wonderful clinical stories that exemplify program possibilities and experiences. The Handbook contains all the informational sheets and directions needed to conduct the program for group and individual treatment activities. All items in the Handbook are conveniently cross-referenced to the chapters in the Manual. Note: Both the Manual and the Handbook are required to fully implement the program. Manual and Handbook \$47.50

Available through Therapro at

http://www.theraproducts.com/index.php?main_page=product_therapro_info&products_id=3210
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Tina Champagne

Sensory Modulation & Environment: Essential Elements of Occupation, Third Edition
\$69.99

Includes a CD of all enclosed worksheets, assessment tools and educational resources
The third edition of the Sensory Modulation & Environment handbook is an excellent resource full of practical information created primarily for use with adolescent, adult and geriatric populations in mental health services. It explores the entirety of sensory modulation applications: theory through practice.

Available in products section <http://www.ot-innovations.com>

References 8/2013

Internet articles:

Note: These articles can be accessed through links in the References section of the Sensory Connection Program website: www.sensoryconnectionprogram.com

Mass DYS Safety Tool Protocol - excellent picture oriented tools to determine triggers and warning signs follow link to The Safety Tool for Kids

<http://www.mass.gov/eohhs/gov/departments/dmh/restraintseclusion-reduction-initiative.html>

Champagne, T. & Stromberg, N. (2004). Sensory approaches in inpatient psychiatric settings: Innovative alternatives to seclusion and restraint.

<http://www.mass.gov/eohhs/docs/dmh/rsri/sensory-article.pdf>

Presentation by Tina Champagne on Weighted Blanket research (2007)

http://www.ot-innovations.com/images/stories/PDF_Files/aota2007weighted_blanket_web_final_607.pdf

Busy hands may prevent symptoms of PTSD - Emily Holmes Research Study

<http://www.webmd.com/anxiety-panic/news/20040309/busy-hands-hard-times-prevent-ptsd>

Te Pou (2011). Sensory modulation in mental health clinical settings: A review of the literature <http://www.tepou.co.nz/library/tepou/sensory-modulation-in-mental-health-clinical-settings---a-review-of-the-literature>

Retrieved 9/1/2013

The Body Keeps Score: Memory & the Evolving Psychology of PTSD Bessel van der Kolk

<http://www.trauma-pages.com/a/vanderk4.php>

The Origins of Human Love and Violence (1996) James Prescott, P.h.D., Institute of Humanistic Science

<http://www.violence.de/prescott/pppj/article.html>

VA/DoD Clinical Practice Guideline for the Management of Post-Traumatic Stress

http://www.healthquality.va.gov/ptsd/cpg_PTSD-FULL-201011612.pdf

Sensory Stories are a method to allow children with sensory modulation issues - sensory integration disorder, sensory integration dysfunction - to cope with everyday experiences.

<http://www.sensorystories.com/About.aspx>

Complementary Therapy for Addiction: “Drumming out Drugs”

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1447805/>

Pathological effects of the Supermaximum Prison. Rhodes, L. (2005)
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1449421/?tool=pubmed>

Benefits and limitations of music therapy with psychiatric patients in the penitentiary system. Romanowski, B. (2007)
http://www.wfmt.info/Musictherapyworld/modules/mmmagazine/issues/20080108093144/20080108100853/MTT8_3_Romanowski.pdf

Sensory Rooms

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Sensory Processing and Therapies

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